

ASSISTIVE EQUIPMENT



When transferring becomes difficult or risky you and/or your family may require different equipment to increase your safety and independence.

Your Occupational Therapist (OT) can assist you in this process and help you choose equipment that is right for you and your situation.

Mobility aids include manual wheelchairs, powered wheelchairs and scooters.

When selecting wheelchairs and seating options it is important to consider the weight, to minimize fatigue.



Disability SA has information and publications such as

- [Selecting a Manual Wheelchair](#)
- [Powered Wheelchairs](#)
- [Selecting a Scooter](#)

Also available are useful resources such as:

- [Wheelchair Safety and Etiquette](#)
- [Wheelchair or Scooters - Transporting Passengers in Vehicles](#)
- [Wheelchair or Scooters - Transporting of Equipment](#)
- [Scooter Safe Use Within The Community](#)

Other equipment may include a self propelled mobile shower chair which can be used to independently travel to the bathroom and in and out of the shower.



You may benefit from an anti-pressure mattress to assist with pressure areas when lying in one position for extended periods of time.



Electric beds allows users to have more independence in changing bed height, backrest angle and knee bend to increase comfort as well as using hand held controls.



Hoists

A variety of hoists are available to reduce the need to manually lift you if you are unable to stand independently. The types of hoists include mobile hoists, stand-up hoist, ceiling/overhead hoist, fixed wall or floor mounted hoist and bath hoists.

For further information see the [Hoist Information sheet](#)



There are also a wide range of slings available for different purposes.

Equipment and Home Modifications Program

If you think you may benefit from equipment or home modifications the MS Society can also help you with information to promote safety, function and independence in your home.

You may be eligible to register with Disability SA (DSA). They will arrange for a referral to the Adult Specialist Services Intervention and Support Team (ASSIST) who outsource to the MS Society. The supply of equipment and home modifications is co-ordinated through Domiciliary Equipment Service (DES).

The types and specifications of available equipment are shown on the DES online catalogue at www.des.domcare.sa.gov.au.

Your Occupational Therapist can assist you to find equipment that can make your daily tasks easier and maximise independence.

You can also contact or visit the Independent Living Centre (ILC) which has a large range of equipment to view and details of suppliers for purchases. The ILC has qualified health professionals to assist you in making equipment choices.

The [Independent Living Centre](#) information is available on the Disability SA Website.

Tel: 1300 885 886 or
08 8266 5260

Address: 11 Blacks Road,
Gilles Plains, SA

Website www.sa.gov.au

Information sheets are also available through Disability SA under the [Home Modifications and Equipment Information Sheets](#)

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